



School of Swimming
NYC

2009 Imagine Invite
Hosted by the Manhattan Makos
Saturday, December 12, 2009
Flushing Meadows Aquatic Center

USA Swimming Sanction #
091204

2009 Imagine Invite

Saturday, December 12, 2009

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # **091204**
- LOCATION:** Flushing Meadows Aquatic Center
Flushing Meadows Corona Park
Avery Avenue and 131 Street
Flushing, NY 11368
- HOST:** Imagine Swimming Inc.
- FACILITY:** 25 yards x 50 meters (7'-6" deep to 12'-9" deep) with ten lanes (Olympic-sized) and floating bulkhead. 8 lanes will be used for competition. Colorado Electric Timing System with visible scoreboard. Stadium seating for spectators. The pool has not been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** Warm-ups begin at 8:00am. Meet start of 9:00am.
- FORMAT:** All events are timed finals in the short course yards format. Fly-over starts may be used to the Meet Director's discretion.
- ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. Age as of the first day of the meet will determine age for the entire meet. Swimmers with disabilities are encouraged to participate. Special considerations contact meet director.
- ENTRIES:** Each swimmer will have a limit of **three individual events plus two relays**.
- Metropolitan LSC teams will be given priority and Meet Host will determine meet invitees. Entries will not be accepted past entry deadline and/or **until meet fills to capacity**. Meet will be run using Hy-Tek's Meet Manager. All entry times must be in yards; NT's will be accepted. **Relays will be limited to two relays (A & B) per team per age group**.
- U.S. Mail Entries/Payment to:
Attention: Elliot Ptasnik
Imagine Swimming Inc.
41 Union Square West, Suite 1528, New York, NY 10003
- Email Entries in Team Manager format/Confirm Entry Receipt: elliott@imagineswimming.com
- DEADLINE:** Entries must be received and paid in full by: 6:00pm Friday, December 2, 2009
- An email confirming receipt of entries upon request. Please contact Meet Director if you do not receive such a report within 2 days of your original email or any other questions.
- ENTRY FEE:** An entry fee of \$3 per individual event and \$8 per relay must accompany the entries.
- Make check payable to: Imagine Swimming Inc. Please see address above.
- Payment must be received by 6:00pm Friday, December 2, 2009 for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** Warm-ups will follow the adopted Metropolitan Swimming Procedure.
- SCRATCHES:** All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES &** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid

- SPECTATORS:** USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Only swimmers, coaches, officials, timers and designated volunteers are allowed on deck. Corona Park Facility rules must be followed including no smoking or alcoholic beverages on the premises.
- AWARDS:** Ribbons 1st-8th place in all age groups. All awards will be given to the coach after the meet. Male and Female swimmer-of-the-meet based on coaches poll will be given a trophy.
- QUESTIONS:** Meet Director & Co-Head Coach: Michael Poropat; 212-253-9650; michael@imagineswimming.com
Co-Head Coach: Elliot Ptasnik; 212-253-9650; elliot@imagineswimming.com
- RULES:** Current USA Swimming Rules and Regulations will apply. The USA Swimming Code of Conduct is in effect for the duration of the meet.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
- DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against Flushing Meadows Aquatic Center, Imagine Swimming, Manhattan Makos, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet.
- ADMISSION:** Adult Admission (18 & Over) is \$4 per person. Session program is \$3.
- MERCHANTS:** NJ Swim vendor and a snack bar will be available.
- PARKING:** Free parking will be available at the Flushing Meadows Aquatic Center
- DIRECTIONS:** Coaches will be emailed specific directions to Flushing Meadows Aquatic Center.
- TIMERS:** Participating teams shall encourage parent timer volunteers.

LIST OF EVENTS

Warm-up: 8:00am

Saturday, Dec 12, 2009

Start: 9:00am

GIRLS	EVENT	BOYS
1	10 & U 200 Medley Relay	2
3	11-12 200 Medley Relay	4
5	13-14 200 Medley Relay	6
7	10 & U 100 IM	8
9	11-12 100 IM	10
11	13-14 200 IM	12
13	10 & U 100 Back	14
15	11-12 100 Back	16
17	13-14 200 Back	18
19	10 & U 50 Fly	20
21	11-12 50 Fly	22
23	13-14 100 Fly	24
25	10 & U 50 Free	26
27	11-12 50 Free	28
29	13-14 50 Free	30
	-10 Minute break-	
31	10 & U 100 Breast	32
33	11-12 100 Breast	34
35	13-14 200 Breast	36
37	10 & U 100 Free	38
39	11-12 100 Free	40
41	13-14 100 Free	42
43	10 & U 200 Free Relay	44
45	11-12 200 Free Relay	46
47	13-14 200 Free Relay	48